

IASP INTERNATIONAL ASSOCIATION SARPS CONGRESS ON PAIN SARPS CONGRESS ON PAIN





South Asian Regional Pain Society & Indian Society for the Study of Pain

in collaboration with

The International Association for the Study of Pain

Theme: Patient Centric Pain Management

PRE-CONFERENCE WORKSHOP

Palliative Care: Hospital Based Approach

Date: 25th September 2025

Timing: 08:00 AM to 05:00 PM (Full Day)

Venue: VMMC & Safdarjung hospital, Skills Lab New Emergency Building

Participants: 30 Seats only

Highlights

This workshop is designed to create a shift in the approach to cancer management-moving from mere symptom control comprehensive, patient-centered care.



- Pain management is vital but not sufficient for full relief.
- Patients experience physical, psychological, existential, and social challenges.
- A holistic palliative care approach improves quality of life.
- The workshop will equip pain physicians with essential skills for whole-person care.

Tentative Program

- Introduce the principles and philosophy of palliative care.
- Enhance understanding of symptom management beyond pain control.
- Discuss end-of-life care planning and ethical considerations.
- Clarify legal and regulatory aspects of opioid use (NDPS Act).
- Guide participants in establishing palliative care services within hospitals.
- Address psychosocial challenges, coping mechanisms, and grief support.
- Explore music and complementary therapies as adjuncts to care.
- POCUS for Palliative care

Workshop Coordinators

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